

# SFE PROGRAMS

## Introduction To Riding

**All students new to riding are required to enter into this program**

### **Green Stirrup Program**

Ages 2+- Adult

Lesson Length: 30-120 minutes

This program is for kids & adults that are learning to ride independently from their instructor. Students will be expected to tack up and untack (with some assistance). Students will learn basic horsemanship and a basic balanced position that will take them through any discipline. In-barn time is built into the lesson.

Students will learn the “hands on” aspect of horses as well and must graduate out of this program to move on to other programs.

All lessons are designed to be private. Some exceptions will be made for semi-private lessons. In-barn time is built into the lesson.

Mounted time ranges from 20-45 minutes, with the other time working on the in-barn lessons.

# SFE PROGRAMS

## Continued Education

### **Silver Stirrup Program**

Ages ages 8+

Lesson Length: 30-60 minutes

This program is for our riders 8+ who are ready to get their horse ready and put their horses away without assistance. This program will help prepare students to achieve their goals with showing, rider levels, part-boarding, or just riding for fun. Private lessons are 30-40 minutes, semi private lessons are 45 minutes & group lessons are 60 minutes long. Group lessons are a maximum of 4 riders. Riders in this program must have passed or have been assessed to be able to pass our Green Stirrup Test.

### **Gold Stirrup Program**

This has all the wonderful aspects of the Silver stirrup, but also allows riders to book practice (non-coached) rides. Riders in this program are generally looking at part-boarding, showing or leasing.

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## Continued Education

### Rusty Stirrup Program

Adults ages 30 +  
Lesson Length: 30-60 minutes

This program is tailored specifically to the adults! This program offers adult students a chance to ride with like-minded adults to achieve their riding goals. Whether students rode as kids or wanted to pick it up for the first time, this program offers a fun, educational, fitness and social experience. Private lessons are 30-40 minutes, semi private lessons are 45 minutes & group lessons are 60 minutes long. Group lessons are a maximum of 4 riders. Riders in this program must have passed or have been assessed to be able to pass our Green Stirrup Test.